

# ADVICE FOR VISUAL LEARNERS

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- ✘ Use **visual materials** such as pictures, charts, and maps
- ✘ Use **color to highlight** texts and own notes
- ✘ **Take notes or use handouts**; look carefully at headings and patterns of topics
- ✘ **Brainstorm** using illustrations, mind maps and models
- ✘ Use **multi-media** where possible (computers; mind maps)
- ✘ Study in **a quiet place** away from visual disturbances
- ✘ **Visualize** information as a picture
- ✘ **Skim-read** to get an overview before reading in detail