

Group Discussion Topic: The Introverted/Extroverted Student

Susan Cain: The Power of Introverts (TED Talks-YouTube) (19 min. total):

<http://www.youtube.com/watch?v=c0KYU2j0TM4>

(4:45-6:02), (10:50-11:20), (16:48-19:05 [end])

Quiet: The Power of Introverts in a World That Can't Stop Talking (January 24, 2012)

Quiet Quiz: Are You an Introvert or an Extrovert?: Mark the # of T/F responses

<http://www.thepowerofintroverts.com/quiet-quiz-are-you-an-introvert/>

Another Introvert/Extrovert Personality Test:

<http://funtestiq.com/personality/personalitytest39.shtml>

Classroom Activities for Introverted Students

- ❖ Assign independent assignments/projects.
- ❖ Set up individual conferences. Extroverted students may find it easy to raise their hand and ask a question, but introverted students will often be too shy or scared to do so.
- ❖ Create a group project that requires smaller groups.
- ❖ Give introverts the time to process information and respond later.
- ❖ Brainstorming techniques
 - ❖ Do ask introverts for their input (don't forget the quiet ones).
 - ❖ Encourage introverts to do some personal brainstorming before they come to the group session.
 - ❖ At the end of the group session, summarize the findings. Introverts can use this as a launch point to generate further ideas after the session. Extroverts can too, of course!

Extrovert Characteristics

Extroversion is a preference to focus on the world outside the self. Extroverts enjoy social interactions and tend to be enthusiastic, verbal, assertive, and animated. They enjoy large social gatherings, such as parties and any kind of group activity. Extroverts are likely to enjoy time spent with people and find themselves energized by social interaction.

- Gregarious
- Assertive
- Talkative
- Social/outgoing
- Likes groups, parties, etc.
- Energized by interaction
- Expressive & enthusiastic
- Volunteers personal information
- Distractible
- Has many friends
- Easy to approach

Introvert Characteristics

Introversion is a preference to focus on the world inside the self. Introverts tend to be quiet, peaceful and deliberate and are not attracted to social interactions. They prefer activities they can do alone or with one other close friend, activities such as reading, writing, thinking, and inventing. Introverts find social gatherings draining.

- Energized by time alone
- Private
- Keeps to self
- Quiet
- Deliberate
- Internally aware
- Fewer friends
- Prefer smaller groups
- Independent
- Not socially inclined
- Enjoys solitude
- Thinks before speaking

Extroverts	Introverts
Energized by meeting new people, being in a large social situation	Need less stimulation, prefer a drink with a close friend, or reading a book
Make decisions quickly, are comfortable multi-tasking	Work slowly and deliberately
Add life to the party, assertive, dominant, in need of company. Not comfortable with solitude	May have strong social skills and enjoy parties and business meetings, but after a while need their solitude.
Think out loud	Listen more than they speak
Comfortable with conflict	Dislike conflict
Tackle problems quickly	Work more slowly and deliberately