EI Educational Practices

- Student-Centered Discipline
- Responsibility and Choice
- Warmth and Support (Teacher and Peer)
- Cooperative Learning
- Classroom Discussions
- Self-Reflection and Self-Assessment
- Balanced [Varied] Instruction
- Realistic Academic Expectations
- Modeling, Practicing, Feedback, Coaching
  - There are valuable lessons in "failing".
    - Mistakes can teach us that it is not that we are bad at something, just that we have to try a different method to find success. It teaches "resilience".

EI Educational Techniques

- Ice breakers (to enable students to get to know each other)

- Warm ups/Sponge Activities (to generate interest in/review of the lesson)

- Providing varied learning activities (this maintains interest and also allows for different learning styles)

- Brainstorming and discussion - encourages the sharing of knowledge and opinions

EI Educational Techniques

- **Role-playing and simulations** that are related to the real world
- Promoting group/project work that encourages cooperation (e.g., Cooperative Learning)
- Providing feedback (use of continuous assessments to help determine students' academic progress in the subject area)
- Managing expectations (relates to giving feedback and making students aware of what is expected)

EI Educational Techniques

- **Introduce journal writing.** This familiar educational tool can be an effective way to help students develop self-awareness along with developing writing skills.
- **Emphasize responsibility.** Helps to encourage a sense of responsibility (e.g., organized classroom tasks).
- **Encourage creativity.** Creativity is most necessary in times of emotional hardship, such as when we're frustrated or angry. Provide students with ongoing opportunities to express their creativity.
- **Institute classroom meetings.** This can provide numerous opportunities to support social and emotional learning. It helps build a sense of community, creates a climate of trust, and encourages respectful communication.
    - See next "Responsive Classroom Methods" slide

Emotional Intelligence (EQ/EI): Responsive Classroom Methods

- The goal is to help create a culture where students care about each other, their school/classroom and their learning.
- Designed to improve the ways teachers interact with students and the way the students interact with each other.
- *Classroom meetings* can be used to build "classroom community"
    - Gets students ready for the lesson
        - goals/objectives/outcomes
    - Helps in providing 'calm and smooth' classroom transitions
    - Reinforces the proper use of social skills among the students
- Learn the students' names, ask about their lives outside of class, offer to help with assignments, offer more opportunities for student choice and voice in the classroom.
- **Students' perceptions of their teachers can also affect cheating behavior.**
    - When students perceive that their teachers are competent and caring, they are less likely to cheat in those classrooms